**Update 6 August**

Following meetings at UKA and with the Home Country representatives on the 5 August, the decision has been made to cancel the following events for 2020:

- British & Irish Junior Mountain Running Championships and Home Countries International, scheduled for 12 September in Northern Ireland. Northern Ireland would look to host the event in 2021.
- Senior Home Countries International, scheduled to take place within the World Trial in Scotland on 27 September

**Representative opportunities:**
The committee will select the best available teams to represent England, although where shown some teams will be selected as development teams to give them experience of international competition.

**Funding**
All events in 2020 are subject to funding and England Athletics may amend the policies at any point. Details are posted on the England Athletics website in the mountain running section which can be found at [https://www.englandathletics.org/athletics-and-running/england-competitions/england-teams-and-selection/mountain-running-teams/](https://www.englandathletics.org/athletics-and-running/england-competitions/england-teams-and-selection/mountain-running-teams/)

- **Selectors view trials as the primary means of selecting the teams.**
- Athletes will usually be informed of their selection within a week of the trial and/or deadline for expressions of interest.
- Selection of all athletes is subject to the agreement of the athlete’s training and racing programme between the date of selection and the representative race by the committee. England Athletics reserves the right to de-select any athlete who is deemed unfit or injured in the lead up to the event.
- Athletes wishing to be selected for races abroad must have a valid UK passport for the country they are travelling to and be eligible to represent England in international competitions. The selection committee reserves the right to de-select any athlete who does not provide all the information requested (including passport details) within a week of selection.
- For all races, if the selectors believe that a minimum performance standard for selection has not been achieved, they reserve the right not to select a full team. To clarify – England Athletics do not intend to send teams to international events composed of athletes who have not demonstrated the level of performance required.


Please contact the Chair of Selectors if you require any further information:
Duncan Richards (tel: 07764 610 799, email: Duncan@intouchltd.co.uk).
Please note that at the time of publication some of the trial dates/venues and full selection details have not been confirmed. Please check the England Athletics and FRA websites for updates.

**Event: Senior Home International (included in British Athletics trial for the World Mountain Running Championships) Scotland**

**CANCELLED**

Date: 27 September 2020
Selection Date: 22/23 August 2020
Trial: 22/23 August 2020

Team Composition: Up to 4 senior men, 2 U23 men, 4 senior women and 2 U23 women may be selected. NB. There will only be an A team. U23 athletes are defined as born in 1998 – 2000 inclusive. The quota of 4 senior athletes may include U23 athletes if more than two are selected.

Selection Details: The first 2 senior men, 2 senior women, 1 U23 man and 1 U23 woman will gain selection from the Trial Race (subject to performances being of an appropriate standard) with the remaining places to be decided by the selectors.

**Event: International U18 Mountain Running Cup, Ambleside, Cumbria**

**CANCELLED**

Date: 17 October 2020
Selection Date: 19 September
Trial: Loughrigg, Ambleside 19 September 2020

Team Composition: Up to 4 junior men and 4 junior women (born within the years 2003/2004. Younger athletes are not eligible) may be selected.

Selection Details: The first 3 junior men and 3 junior women will gain selection from the trial race with the remaining places to be decided by the selectors.

N.B. As host country for this event, England is entitled to enter two teams. Selection for a second team will be at selector’s discretion and subject to a suitable standard being met.

**Event: Snowdon International, Llanberis, Wales**

**CANCELLED**

Date: 18 July 2020
Selection Date: 7 June 2020
Trial: British Athletics European Mountain Running Championships Trial, Sedbergh 7 June

Team Composition: 4 senior men and 4 senior women may be selected.

Selection Details: The first 2 senior men and 2 senior women will gain selection with the remaining places to be decided by the selectors.

**Event: Junior Home International, Newcastle, Co Down, Northern Ireland**

**CANCELLED**

Date: 12 September 2020
Selection Date: 15 August
Trial: English U20 Mountain Running Championships, Clough Head, Threlkeld, 15 August.

Team Composition: England A team - 4 U20 men and 4 U20 women (age at 31 December 2020 – this includes athletes born in 2001, 2002 and 2003), 4 U17 boys and 4 U17 girls (age at 31 December 2020 – this includes athletes born in 2004 and 2005) may be selected. Subject to appropriate standards, non-scoring England B development teams may be selected in all age groups.
Event: U23 Development

World Mountain Running Association World Cup – Grossglockner Berglauf, Austria

Date: 12 July 2020
Selection Date: 7 June 2020
Team Composition: Up to 6 athletes in total (mix men/women) may be selected.
Trial: British Athletics Trial for European Mountain Running Championships, Sedbergh, 7 June.
Selection Details: Athletes who have performed at a high standard in the British Athletics European Trial but have not been selected for the GB team are eligible for places.
Contact: Alec Duffield on alec@duffsports.com or 07740065929

Training Camps:

Camp: Introduction to International Mountain Running

Age Group: 14-16 years
Date: 15 March 2020
Venue: Sedbergh

Presenters this year - the 2019 WMRA World Cup series winner Andy Douglas, World/European U20 Mountain Running Champion, Joe Dugdale, GB Mountain Running Internationals Rebecca Robinson & Laura Dickson plus sports scientists and coaching experts.
Selection Criteria: Top 10 in FRA Junior Championship
Placed in FRA Junior Championship or BOFRA races
County standard XC, Track or road
Performances of similar standard to the above – please ask!

Contact: Duncan Richards on duncan@intouchltd.co.uk or 07764 610799.

Camp: Performance in International Mountain Running

Age Group: 17-19 years
Date: 20—22 March 2020
Venue: tbc

Selection Criteria: Athletes should be committed to mountain running in 2020 and be planning to run the British Athletics World and/or European Trials.
GB mountain running vest in 2019
Top 10 in Junior Home International in 2019
Top 10 English Schools, National or Inter-Counties Cross Country
Top 6 in Area Cross Country
Performances of similar standard to the above – please ask!

Contact: Helen MacVicker at helen.macvicker@gmail.com or 07986877390