Key requirements for a COVID Secure environment

1. COVID-19 coordinator is in place (See page 2 here for more detail)

2. A venue/ environment must develop a COVID action plan and risk assessment
   a. A COVID secure environment can be any environment. It could be a track, indoor sports hall (25th July onwards), open space, such as a park, fell, trail or road.
   b. An action plan is a document that outlines the process you are following to make your venue and activity COVID secure, and would detail information such as the owner (COVID Coordinator), risk assessments, tracking protocol and communication plans with all members and participates.

3. All activity must comply with Government guidance around social distancing before, during and after activity.

4. All clubs and coaches and event providers must capture pre-activity health questionnaires, including participant contact details which can be shared upon request with the government’s Track and Trace initiative
   a. This could be through existing club membership forms, the RunTogether platform, updates to booking forms or sign in processes which we would advise all members complete on a regular basis anyway.
   b. As part of the club COVID action plan you should ensure any member or participant who has attended a session and subsequently tested positive for COVID completes the UKA COVID-19 tracking form

5. Clubs, coaches, and event managers must ensure everyone at the session maintains good hygiene and that provisions are in place to allow for this.

6. Sessions that include children and young people under the age of 18 should be meticulously planned to ensure their needs are catered for. Young people sessions should have no more than 15 athletes in attendance. If there are more than 12 young people in any group you will need at least 2 coaches/leaders to meet 1:12 coach/leader ratio. See more information on planning sessions for young people here on the Department for Education website.
More government guidance can be found at

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