

TRACK SATURDAY					TRACK SUNDAY				
T1	U20 W	400m Hurdles	Heats	10.30	T36	U20M	10K Walk	Final	9.50
T2	U23 W	400m Hurdles	Heats	10.40	T37	U23M	10K Walk	Final	9.50
T3	U20 M	400m Hurdles	Heats	10.50	T38	U20W	10K Walk	Final	9.51
T4	U23 M	400m Hurdles	Heats	11.00	T39	U23W	10K Walk	Final	
T5	U20 M	1500m	Heats	11.10	T40	U20 M	400m Hurdles	Final	11.05
T6	U23 M	1500m	Heats	11.20	T41	U23 M	400m Hurdles	Final	11.10
T7	U20 W	100m	Heats	11.40	T42	U20 W	400m Hurdles	Final	11.15
T8	U23W	100m	Heats	12.00	T43	U23 W	400m Hurdles	Final	11.20
T9	U20 M	100m	Heats	12.15	T44	U20 W	200m	Heats	11.30
T10	U23 M	100m	Heats	12.35	T45	U20 M	200m	Heats	11.50
T11	U20 W	400m	Heats	13.00	T46	U23 M	200m	Heats	12.15
T12	U23 W	400m	Heats	13.20	T47	U20 M	1500m	Final	12.40
T13	U20 M	400m	Heats	13.40	T48	U20 W	1500m	Final	12.45
T14	U23 M	400m	Heats	14.00	T49	U20 W	100m Hurdles	Heats	12.55
T15	U20 M	5000m	Final	14.20	T50	U23 W	100m Hurdles	Heats	13.10
T16	U23 M	800m	Heats	14.40	T51	U20 M	110m Hurdles	Heats	13.20
T17	U20 W	100m	Semi-Finals	14.55	T52	U23 M	110m Hurdles	Heats	13.35
T18	U23 W	100m	Semi-Finals	15.10	T53	U20W	5000m	Final	13.50
T19	U20 M	100m	Semi-Finals	15.20	T54	U23 W	5000m	Final	13.50
T20	U23 M	100m	Semi-Finals	15.35	T55	U23 W	200m	Heats	14.10
T21	U23 M	5000m	Final	15.50	T56	U20 W	200m	Semi-Finals	14.25
T22	U20 W	800m	Heats	16.10	T57	U23 M	200m	Semi-Finals	14.40
T23	U20 M	800m	Heats	16.30	T58	U20 M	200m	Semi-Finals	14.55
T24	U20 W	1500m	Heats	16.40	T59	U23 M	1500m	Final	15.10
T25	U23 W	1500m	Heats	16.55	T60	U23 W	1500m	Final	15.15
T26	U20 M	3000m S/Chase	Final	17.10	T61	U20 W	400m	Final	15.25
T27	U23 M	3000m S/Chase	Final		T62	U23 W	400m	Final	15.30
T28	U20 W	100m	Final	17.25	T63	U20 M	800m	Final	15.35
T29	U23 W	100m	Final	17.30	T64	U23 M	800m	Final	15.40
T30	U20 M	100m	Final	17.35	T65	U20 W	800m	Final	15.45
T31	U23 M	100m	Final	17.40	T66	U23W	800m	Final	15.50
T32	U20 W	400m	Semi-Finals	17.45	T67	U20 M	400m	Final	15.50
T33	U23 W	400m	Semi-Finals	17.55	T68	U23 M	400m	Final	16.00
T34	U20 M	400m	Semi-Finals	18.05	T69	U20 W	3000m S/Chase	Final	16.10
T35	U23 M	400m	Semi-Finals	18.15	T70	U23 W	3000m S/Chase	Final	16.10
					T71	U20 M	200m	Final	16.25
					T72	U23 M	200m	Final	16.30
					T73	U20 W	200m	Final	16.35
					T74	U23 W	200m	Final	16.40
					T75	U23 W	100m Hurdles	Final	16.50
					T76	U20 W	100m Hurdles	Final	16.55
					T77	U23 M	110m Hurdles	Final	17.00
					T78	U20 M	110m Hurdles	Final	17.05

FIELD SATURDAY					FIELD SUNDAY				
F1	U20 W	Hammer		10.00	F17	U23 W	Hammer		9.30
F2	U20 M	Pole Vault		10.45	F18	U23 M	Pole Vault		10.30
F3	U20 M	Triple Jump		10.45	F19	U20 W	High Jump		10.30
F4	U20 W	Shot		11.15	F20	U23 M	Triple Jump		10.30
F5	U20 M	Hammer		11.45	F21	U23 M	Hammer		11.10
F6	U23 M	Long Jump		12.15	F22	U23 W	Shot		11.30
F7	U23 M	High Jump		12.15	F23	U23 W	Triple Jump		12.20
F8	U23 M	Discus		13.15	F24	U20 M	Discus		12.30
F9	U20 M	Shot		13.15	F25	U20 M	High Jump		13.15
F10	U23M	Shot		13.15	F26	U20 W	Long Jump		13.30
F10	U20 W	Pole Vault		14.00	F27	U20 W	Discus		13.40
F11	U23 W	Long Jump		14.15	F28	U23 W	Pole Vault		14.15
F12	U23 W	Discus		14.45	F29	U23 M	Javelin		14.50
F13	U23 W	High Jump		15.15	F30	U20 M	Long Jump		15.15
F14	U20 W	Triple Jump		16.00	F32	U23 W	Javelin		16.20
F15	U20 W	Javelin		16.15					
F16	U20 M	Javelin		17.15					