

4

COMPETITION EXPERIENCES FOR ESSEX

Qualify as a **Level 1 Official**, you must complete **4 competition experiences**.
Please see below dates for 2019 in your region.

Representing	Event name	Date	Venue
Colchester HAC	Colchester HAC Development Meeting	Sunday, 24 March 2019	Colchester
WGEL	WGEL Graded Series	Saturday, 30 March 2019	Ashton PF Woodford Bridge
Braintree AC	No P10 Braintree AC Fun Day	Saturday, 30 March 2019	Braintree
Havering AC	Havering AC Spring Open	Sunday, 7 April 2019	Hornchurch Stadium
YDL	YDL Lower South East 1	Saturday, 27 April 2019	Ashton PF Woodford Bridge
Essex AA	Essex 5000m Championships	Sunday, 28 April 2019	Braintree
Essex AA	Essex Multi Event Championships	Sunday, 28 April 2019	Thurrock
Essex AA	Essex Championships	Saturday, 11 May 2019	Melbourne Park Chelmsford
Essex AA	Essex Championships	Sunday, 12 May 2019	Melbourne Park Chelmsford
YDL	YDL Lower South Premier 1	Saturday, 18 May 2019	Hornchurch Stadium
YDL	YDL Upper South Div 2C	Sunday, 26 May 2019	Mile End
Southend on Sea AC	Eastern Masters League Match 2	Wednesday, 5 June 2019	Garon Park Southend
Eastern Masters AC	Eastern Masters League South Div Match 2	Wednesday, 5 June 2019	Garon Park Southend
Orion H	FASTFriday (inc England 10000m Champs)	Friday, 7 June 2019	Waltham Forest
UKWAL	UKWAL Division 2	Sunday, 9 June 2019	Melbourne Park Chelmsford
WGEL	WGEL Graded Series	Tuesday, 11 June 2019	Ashton PF Woodford Bridge
London Schools AA	London Junior Schools Champs	Tuesday, 11 June 2019	Mile End
ESAA	ESAA East Anglia Regional Combined Event Champs	Saturday, 22 June 2019	Melbourne Park Chelmsford
ESAA	ESAA East Anglia Regional Combined Event Champs	Sunday, 23 June 2019	Melbourne Park Chelmsford
Essex AA	Essex Relay Championships	Friday, 28 June 2019	Melbourne Park Chelmsford
YDL	YDL Upper South Div 1B	Sunday, 30 June 2019	Ashton PF Woodford Bridge
Eastern Masters AC	Eastern Masters League South Div Match 3	Wednesday, 3 July 2019	Melbourne Park Chelmsford
ESAA	ESAA T&F Cup Final	Saturday, 6 July 2019	Melbourne Park Chelmsford
WGEL	WGEL Graded Series	Tuesday, 9 July 2019	Ashton PF Woodford Bridge
Essex AA	Essex 10000m Championships	Wednesday, 10 July 2019	Braintree
Southend on Sea AC	Eastern Masters Championships	Saturday, 20 July 2019	Garon Park Southend
YDL	YDL Lower South East 1	Saturday, 20 July 2019	Mile End
East Anglian League	East Anglian League	Sunday, 21 July 2019	Braintree
Essex AA	8 Counties U17 Inter County	Sunday, 21 July 2019	Melbourne Park Chelmsford
YDL	YDL Upper South Div 2C	Sunday, 28 July 2019	Mile End
Eastern Masters AC	Eastern Masters League South Div Match 4	Wednesday, 31 July 2019	Colchester
WGEL	WGEL Graded Series	Tuesday, 13 August 2019	Ashton PF Woodford Bridge
Southend on Sea AC	Southend on Sea AC Championships & Open	Monday, 26 August 2019	Garon Park Southend
WGEL	WGEL Graded Series	Tuesday, 3 September 2019	Ashton PF Woodford Bridge

For more information on competition experiences contact: Diane Wooller
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