

Senior Men's Heptathlon Day 1 [60m, Long Jump, Shot, High Jump] Day 2 [60mH, Pole Vault, 1000m]

Championship Record: Alex KRUGER, Border Harriers, 5888 points 1993

Championship Winner 2018: James FINNEY (U23), Leeds City AC, 5514 points

Rank	Bib	Athlete	Club	60m				Long Jump				Shot				High Jump				60m Hurdles				Pole Vault				1000m				
				Terr	Perf	Points	Cum.	Rank	Perf	Points	Cum.	Rank	Perf	Points	Cum.	Rank	Perf	Points	Cum.	Rank	Perf	Points	Cum.	Rank	Perf	Points	Cum.	Rank	Perf	Points	Cum.	Rank
1	23	John LANE	City of Sheffield and Dearne AC	North	7.02	875	875	3	7.33	893	1,768	1	13.23	681	2,449	1	1.98	785	3,234	1	8.25	920	4,154	1	4.90	880	5,034	1	02:54.07	724	5,758	1
2	31	Andrew MURPHY	Kilbarchan AAC	—	7.21	809	809	11	7.16	852	1,661	4	12.89	661	2,322	3	1.83	653	2,975	4	8.42	879	3,854	3	4.90	880	4,734	2	02:47.73	789	5,523	2
3	14	Benjamin GREGORY	Birchfield Harriers	Welsh	7.37	755	755	21	6.76	757	1,512	10	12.78	654	2,166	9	1.83	653	2,819	11	8.38	888	3,707	8	4.90	880	4,587	4	02:43.45	835	5,422	3
4	12	Aiden DAVIES	Doncaster Athletic Club	North	7.10	847	847	6	6.97	807	1,654	5	13.48	697	2,351	2	1.83	653	3,004	3	8.72	809	3,813	4	4.50	760	4,573	5	02:44.85	820	5,393	4
5	9	Lewis CHURCH	Tonbridge AC	—	7.42	739	739	24	6.65	732	1,471	15	13.26	683	2,154	10	1.98	785	2,939	6	8.46	869	3,808	5	4.30	702	4,510	7	02:44.07	829	5,339	5
6	5	Howard BELL U23	Edinburgh AC	—	7.36	759	759	19	7.04	823	1,582	7	12.17	617	2,199	7	2.01	813	3,012	2	8.46	869	3,881	2	4.40	731	4,612	3	02:56.41	700	5,312	6
7	10	Ben CLARKE U23	Worcester AC	Midlands	7.35	762	762	17	6.60	720	1,482	13	10.68	527	2,009	18	2.01	813	2,822	10	8.77	797	3,619	13	3.90	590	4,209	13	02:34.09	940	5,149	7
8	6	Ryan BONIFAS	Basingstoke & Mid Hants AC	—	7.35	762	762	17	6.44	684	1,446	18	11.65	555	2,001	20	2.04	840	2,841	9	8.59	839	3,680	10	4.50	760	4,440	8	02:57.70	687	5,127	8
9	37	Jack PHIPPS	Birchfield Harriers	Midlands	6.85	936	936	1	6.93	797	1,733	2	10.19	497	2,230	4	1.74	577	2,807	13	8.59	839	3,646	12	4.90	880	4,526	6	03:09.08	578	5,104	9
10	42	Daniel RYAN U23	Herne Hill Harriers	—	7.10	847	847	6	6.65	732	1,579	8	12.54	639	2,218	5	1.83	653	2,871	8	8.40	884	3,755	7	4.00	617	4,372	9	02:53.65	728	5,100	10
11	40	Liam REVELEY U23	Blaydon Harriers & AC	North	7.42	739	739	24	6.53	704	1,443	19	12.50	637	2,080	13	2.01	813	2,893	7	8.84	781	3,674	11	4.10	645	4,319	10	02:49.48	771	5,090	11
12	33	Rotus OLUISA	Clontiffe Harriers	—	7.21	809	809	11	6.61	723	1,532	9	11.98	605	2,137	11	1.86	679	2,816	12	8.44	874	3,690	9	4.00	617	4,307	11	02:56.81	696	5,003	12
13	26	Duncan MCGLADDERY	Tuks Athletes	—	7.21	809	809	11	6.10	608	1,417	20	12.24	621	2,038	14	1.89	705	2,743	14	9.10	724	3,467	17	4.20	673	4,140	14	02:52.57	739	4,879	13
14	27	Cal MCLENNAN U23	Edinburgh Athletic Club/Loughborough Students	—	7.43	736	736	26	6.42	679	1,415	21	12.26	622	2,037	15	1.86	679	2,716	16	9.15	713	3,429	18	4.00	617	4,046	15	02:45.19	817	4,863	14
15	8	Thomas CHANDLER U23	Central AC	—	7.55	697	697	30	6.48	693	1,390	24	11.34	566	1,956	21	1.83	653	2,609	21	8.95	757	3,366	19	4.20	673	4,039	16	02:48.09	786	4,825	15
16	15	Harry HILLMAN U23	Cardiff AAC	Welsh	7.22	806	806	14	6.05	597	1,403	23	10.88	539	1,942	23	1.65	504	2,446	27	8.58	841	3,287	22	3.90	590	3,877	19	02:51.52	750	4,627	16
17	45	Jake STOREY U23	Harrow AC	—	7.25	796	796	15	6.38	670	1,466	16	9.98	484	1,950	22	1.89	705	2,655	19	9.21	700	3,355	20	3.90	590	3,945	17	02:58.79	676	4,621	17
18	47	Justin TARRANT	Crawley AC	—	7.47	723	723	27	6.19	628	1,351	25	12.75	652	2,003	19	1.68	528	2,531	22	8.89	770	3,301	21	4.00	617	3,918	18	03:03.23	633	4,551	18
19	32	Onajite OKORO	Birchfield Harriers	Midlands	7.17	823	823	9	6.19	628	1,451	17	8.72	409	1,860	28	1.95	758	2,618	20	8.48	865	3,483	16	2.50	242	3,725	20	03:01.28	652	4,377	19
20	11	Alexander CLEGG U23	Birmingham Running Athletics & Triathlon Club (BRAT)	Midlands	7.58	687	687	33	6.25	641	1,328	27	11.18	557	1,885	25	1.77	602	2,487	25	9.45	650	3,137	24	3.80	562	3,699	21	02:59.19	672	4,371	20
21	34	Freddie OWSLEY U23	Bristol and West AC	Midlands	7.05	865	865	4	6.22	635	1,500	11	10.52	517	2,017	17	1.65	504	2,521	23	10.33	480	3,001	26	3.00	357	3,358	24	02:45.78	810	4,168	21
22	30	Ben MORGAN U23	Loughborough Students AC	Midlands	7.67	659	659	35	6.22	635	1,294	30	10.43	512	1,806	29	1.59	457	2,263	29	9.56	627	2,890	27	3.50	482	3,372	23	02:52.19	743	4,115	22
23	2	Charlie ASHDOWN-TAYLOR U23	Bracknell AC	—	7.55	697	697	30	5.80	544	1,241	31	12.38	629	1,870	26	1.74	577	2,447	26	9.48	644	3,091	25	3.40	457	3,548	22	03:10.98	561	4,109	23
24	29	Jordan MITCHELL	Sutton in Ashfield Harriers & AC	Midlands	7.55	697	697	30	5.73	529	1,226	33	8.99	425	1,651	32	1.65	504	2,155	32	9.12	720	2,875	28	3.50	482	3,357	25	02:53.25	732	4,089	24
25	4	Dave AWDE	Woking AC	—	7.68	656	656	36	5.90	565	1,221	35	7.27	323	1,544	36	1.53	411	1,955	34	9.30	681	2,636	31	3.80	562	3,198	27	02:41.63	855	4,053	25
26	3	Glenn ASPINDLE U23	Spensborough & Dist AC	North	7.68	656	656	36	5.91	567	1,223	34	8.67	406	1,629	34	1.68	528	2,157	31	9.63	613	2,770	29	3.40	457	3,227	26	03:07.73	590	3,817	26
27	19	Oscar JOPP U23	Stevenage and North Herts AC	—	7.68	656	656	36	5.78	540	1,196	36	9.43	451	1,647	33	NHC		1,647	37	8.81	788	2,435	33	4.00	617	3,052	28	03:01.71	648	3,700	27
28	46	Joshua STRUDWICK	Basingstoke & Mid Hants AC	—	7.48	719	719	28	5.65	512	1,231	32	9.88	478	1,709	31	1.68	528	2,237	30	10.69	418	2,655	30	3.10	381	3,036	29	03:08.64	582	3,618	28
29	44	Daniel STEEL	Biggleswade AC	—	7.89	592	592	40	5.75	533	1,125	37	9.05	429	1,554	35	1.68	528	2,082	33	10.70	416	2,498	32	2.90	333	2,831	30	03:06.27	604	3,435	29
30	49	Luke WILLIAMS	Ashford AC	—	7.78	625	625	39	5.41	463	1,088	38	6.87	300	1,388	38	1.44	345	1,733	36	10.75	408	2,141	35	3.70	535	2,676	31	02:57.25	691	3,367	30
31	7	William CARTER U23	Pontefract AC	North	8.27	484	484	41	5.91	567	1,051	40	9.81	474	1,525	37	1.53	411	1,936	35	11.70	266	2,202	34	3.00	357	2,559	32	03:32.97	378	2,937	31
32	13	Will GOODBOURN	Charnwood A C	Midlands	8.46	434	434	42	4.60	308	742	41	7.00	307	1,049	39	1.35	283	1,332	38	DNF		1,332	36	NHC		1,332	33	03:19.02	490	1,822	32
16	Joe HOBSON U23	City of Sheffield and Dearne AC	North	7.18	819	819	10	6.85	778	1,597	6	12.24	621	2,218	5	1.92	731	2,949	5	8.64	827	3,776	6	3.60	509	4,285	12	DNS		*		
21	Kaspars KAZEMAKS	Woking AC	—	7.58	687	687	33	6.10	608	1,295	29	11.46	574	1,869	27	1.74	577	2,446	27	DNF		*				*		*		*		
48	Daniel WALSH	Gateshead Harriers & AC	North	6.94	904	904	2	6.99	811	1,715	3	9.58	460	2,175	8	1.68	528	2,703	18	DNF		*				*		*		*		
28	Deo MILANDU	City of Sheffield and Dearne AC	North	7.32	772	772	16	6.51	700	1,472	14	12.55	640	2,112	12	1.80	627	2,739	15	8.50	860	3,599	14	DNS		*		*		*		
35	Roberto James PAOLUZZI	University of Sheffield Union of Students	North	7.36	759	759	19	6.65	732	1,491	12	10.91	540	2,031	16	1.86	679	2,710	17	8.82	786	3,496	15	DNS		*		*		*		
18	Tom HUGHES U23	Hallamshire Harriers Sheffield	North	7.51	710	710	29	6.09	606	1,316	28	9.50	456	1,772	30	1.92	731	2,503	24	9.52	635	3,138	23	DNS		*		*		*		
22	Harry KENDALL	Tonbridge AC	—	7.41	742	742	23	6.35	664	1,406	22	10.67	526	1,932	24	DNF		*		DNF		*				*		*		*		
1	Tyler ADAMS U23	Ashford AC	—	7.37	755	755	21	6.04	595	1,350	26	DNF		*		NHC		*		DNF		*				*		*		*		
24	Matthew LEE	Harrow AC	Midlands	7.12	840	840	8	4.24	245	1,085	39	DNF		*		DNF		*		*		*				*		*		*		
20	Caius JOSEPH U23	Basingstoke & Mid Hants AC	—	7.09	851	851	5	DNF		*		DNF		*		*		*		*		*				*		*		*		