Clerk of Course Crib Sheet: Before the Start

- Check kerbing
- Finish posts
- Lap board and bell
- Judges stand
- Track Steward's and Timekeepers Steward (?) table and chairs (plus chairs for Judges?)
- Wind gauge & spare batteries (weigh down if windy). Is automatic W/G set correct height?
- Red and white flags for 800m (and Relays?)
- Green flags at break line (and Prisms?)
- Batons and flags for Relays
- Prisms – IAAF & IPC Rules events (including some UKA meetings!)
- Starting blocks
- Lane boxes (check flaps) (two sets available?)
- Hurdles out and set for first race (check condition of hurdles) and spares for breakages
- Steeple Chase barriers (Check height & both sides of wood painted? Best side to runners.)
- Start filling Water Jump
- Speaker system for Starter
- 1000m & 2000m flags or cones for Timekeepers
- 1500m flags (for Mile) for Timekeepers and Mile lap marks
- Start line for split start for 3000m/5000m/10000m
- Cones for split starts
- Cones for removing kerbing (and cones for inside of water jump bend)
- Mark out ‘special’ Masters Hurdle positions
- Water for 5000m runners (check with Ref)
- Rubbish bag for Judges
- Drinks for Judges (and Timekeepers)

Meeting Manager/Technical Manager/Referee
- Any changes to programme?
- (Green break line flags required for TV events?)

Referee
- No. of clear lanes to be kept clear for distance races if hurdles to be set out early?
- Water for 5000m & 10000m?
- Split start for 3000m/5000m/10000m?

Chief Marksmen
- Who moves starting blocks?
- Any flights laid down for Hurdles?
- Are boxes required for 400m start?
- Confirm signals (method and to whom)

Chief Starter
- Is Starter’s speaker system being used?
- Inform Starter when speakers are ready for testing

Chief Groundsman
- How long does water jump take to fill?
- (Make sure water jump fully filled before start of meeting for TV events!)
- Programme/who does what?

Chief Timekeeper
- Positions of 1000m & 2000m flags/cones
- Positions of Mile lap marks
- 1500m flag/cone for Mile race
- Any other flags/cones/marks they want?

Field Referee
- Yellow flag for field athletes on track